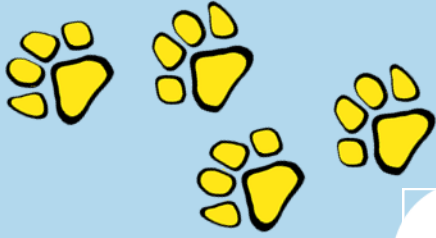


# Wild About Learning



# LMES

Volume 7, Issue 5



January 2015

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## Dear Parents and Laurel Meadow Staff,

Welcome back and Happy 2015!!

I hope everyone had a wonderful Winter Break! I don't know about you, but I always enjoy having a little extra time in the winter to spend with my family. It always seems to be needed for my kids and myself!

We had another great turn out for the 7<sup>th</sup> annual Snowflake Breakfast! We prepared breakfast for almost 600! I would like to give an extra THANK YOU to David Ercolano and Carter Frantz for coordinating another great year and to all the parents and staff who helped make the day such a success!

We have had so many requests for winter spirit wear again that we decided to do a second order. Order forms went home before the winter break and are due back Friday, January 9<sup>th</sup> if you are interested in any long sleeve or sweatshirt LMES spirit wear. Shirts will be here around January 20<sup>th</sup>.



We will be starting off the New Year with our Watch D.O.G.S. Donuts for Dads on January 13<sup>th</sup>. I hope that all of you Dads out there will join us that morning for a delicious donut and some quality time with your children.

New for this school year, we are having a Pizza and Movie Night on Friday, January 30<sup>th</sup>. Be sure to look out for more info on this fun event!

Ahoy, ye Pirates! Ye must be sure to gather pirates' fer a grand scurvy pirate parrrrty! Make no mistake. We do. Thar gunna be treasure to be hunted or ye might have to walk th' plank if ye come up empty handed! Avast ye Pirates and be sure to gather on Friday, February 13<sup>th</sup> for our 3<sup>rd</sup> annual Family Dinner & Dance!



As always, please feel free to contact me with any questions, concerns, or ideas at [daveanddanahughes@comcast.net](mailto:daveanddanahughes@comcast.net).


Sincerely,  
**Dana Hughes**  
**PTA** President




## Tips About the Spring SOL Tests


As we get closer to the annual testing season, we want to share some pertinent information about the SOL tests. Our teachers are working diligently to ensure that your child is comfortable with the format of the test and has a clear understanding of the content.

Our 3<sup>rd</sup>, 4<sup>th</sup>, & 5<sup>th</sup> grade students will take the SOL tests during the testing window, May 11<sup>th</sup>-June 5<sup>th</sup>. Each grade will have 4\* days of testing.

 Grade 3 - Reading I & II, Math I & II


 Grade 4 - Reading, Math I & II, VA Studies

 Grade 5 - Reading, Math I & II, Science

 \*Exception - Math 6 students will have 3 days of testing (Reading, Math, Science).

All tests are taken online with the TestNav software. The current online tests for Math, Science, and Reading contain Technology-Enhanced Items (TEI). Technology-Enhanced Items require students to indicate their responses in ways other than a multiple-choice format.

Many parents have expressed interest in learning what they can do to help their children prepare for the state assessments. As part of the continuing effort to provide students with the best possible testing experience, we are providing you with the following resources from the Virginia Department of Education (VDOE) website:

 Link to VDOE Standards of Learning (SOL) and Testing:

<http://www.doe.virginia.gov/testing/>

- ◆ This is the testing homepage. It contains information about Technology-Enhanced Items and includes two videos that explain and demonstrate these types of questions.
- ◆ You can also click on content links on the right for additional information on each specific subject.

 Link to SOL Practice Tests: [http://www.doe.virginia.gov/testing/sol/practice\\_items/](http://www.doe.virginia.gov/testing/sol/practice_items/)

- ◆ This is the "shortcut" for accessing SOL Practice Tests for Math, Reading, and Science. You can assist your child with accessing a test in the actual TestNav software that they will use for the "real" SOL tests this spring. Practice Guides are available for each Practice Test and supply you with directions and explanations.
- ◆ You can also click on "narrated demonstrations" under each content section to view various Technology-Enhanced Items.

 Link to Released SOL tests: [http://www.doe.virginia.gov/testing/sol/released\\_tests/](http://www.doe.virginia.gov/testing/sol/released_tests/)

- ◆ This resource provides you with actual released test items from the Spring 2014 Math Test in online TestNav software. You can also access the Spring 2014 and Spring 2013 VA Studies Tests in paper-pencil format.
- ◆ You can click the "Archived Released Tests" in the gray box at the top right to access paper-pencil versions of additional tests prior to Spring 2012. (\*These are great for practice! However, be mindful that SOLs have been amended during this timeframe and some questions may no longer apply.)

If you have any questions, please feel free to contact Karen Dubiel, Assistant Principal/Test Coordinator, at (804) 723-2040 and she will be happy to help you.



## Gifted and Talented News

How can students be referred for gifted screening, and what makes a good candidate?

A teacher or a parent may refer a child for gifted screening. If your child exhibits gifted behaviors and is performing at above grade level expectations, your child's teachers may refer them as a good candidate for the screening process.

Parents may also refer students for gifted testing. Please discuss your child's performance with their teachers, as they will have insight into gifted characteristics and above level benchmarks. If you would like to refer your child for testing to determine if they would be eligible for gifted services, please submit your request to your child's teacher no later than January 30<sup>th</sup> for the Spring Testing Window. If you have any other questions, please contact [abroughton@hcps.us](mailto:abroughton@hcps.us) or visit [mrsbroughton.weebly.com](http://mrsbroughton.weebly.com) for more information.



Alicia Broughton, GT Resource Teacher

## Support LMES at our Spirit Night



**Tuesday,  
January  
20<sup>th</sup>  
5:00 -  
9:00 pm**



Keep sending  
in those



Also don't forget to go to  
[mycokerewards.com/school](http://mycokerewards.com/school) and



enter your  
rewards codes.

## CHARACTER CORNER

What is **CARING**? Feeling empathy toward others? Showing kindness? Helping a friend when there is a need? **Caring** can be all of those things and more. Beginning in January, Laurel Meadow Lions will learn about our third character trait: **Caring**. Students will watch videos, listen to stories and complete classroom activities during the months of January and February to help explain what **caring** looks and feels like. At the end of February, teachers will each select one student that has best exemplified this trait, and those students will be awarded certificates of recognition.

Congratulations to the winners of the Fairness trait in December! We are very proud of you!!

## Mark Your Calendar for the Rock n' Roll 5K May 2, 2015

The 5K Team would like to thank our current sponsors for supporting this year's race:

- ☆ EJ Wade Construction
- ☆ Papa Johns
- ☆ Sklar Technology Partners
- ☆ L&M Carpet One
- ☆ Hanover Animal Hospital
- ☆ Fleixcell

If you would like to join our sponsorship team and take advantage of advertising opportunities that will reach a large audience, please visit [lmes5k.weebly.com](http://lmes5k.weebly.com) for more information!





# Congratulations to our 2014...



## STEM Fair Winners

### Third grade

- 1<sup>st</sup> place: Jordan Gregory & Grace Anderson
- 2<sup>nd</sup> place: Carley Mann
- 3<sup>rd</sup> place: Graylin Barnes

### Fourth grade

- 1<sup>st</sup> place: Joshua Gray
- 2<sup>nd</sup> place: Emily Willard
- 3<sup>rd</sup> place: Hannah Matthews & Allyson Fearnow

### Fifth grade

- 1<sup>st</sup> place: River Bronson
- 2<sup>nd</sup> place: Noah Johnson
- 3<sup>rd</sup> place: Sam Matthews

### Overall Science project winner:

Carleigh Heckel (4<sup>th</sup> Grade)

### Overall Engineering project winner:

Evan Barnes (5<sup>th</sup> Grade)



## Reflections Winners

### Musical Composition

Intermediate:

- 1<sup>st</sup> place: Sophie Lynn

### Photography

Primary:

- 1<sup>st</sup> place: Landis Bronson

Intermediate:

- 1<sup>st</sup> place: Joshua Carter
- 2<sup>nd</sup> place: Taylor Strath
- 3<sup>rd</sup> place: Sam Matthews
- 4<sup>th</sup> place: Hannah Matthews
- 5<sup>th</sup> place: Jordan Gregory



### Visual Arts

Primary:

- 1<sup>st</sup> place: Ella Young
- 2<sup>nd</sup> place: Baylor Hughes
- 3<sup>rd</sup> place: Landis Bronson

Intermediate:

- 1<sup>st</sup> place: Natalie Young
- 2<sup>nd</sup> place: Joshua Carter
- 3<sup>rd</sup> place: Kaeleigh Hughes
- 4<sup>th</sup> place: Jordan Gregory
- 5<sup>th</sup> place: Julia Bryant

### Film Production

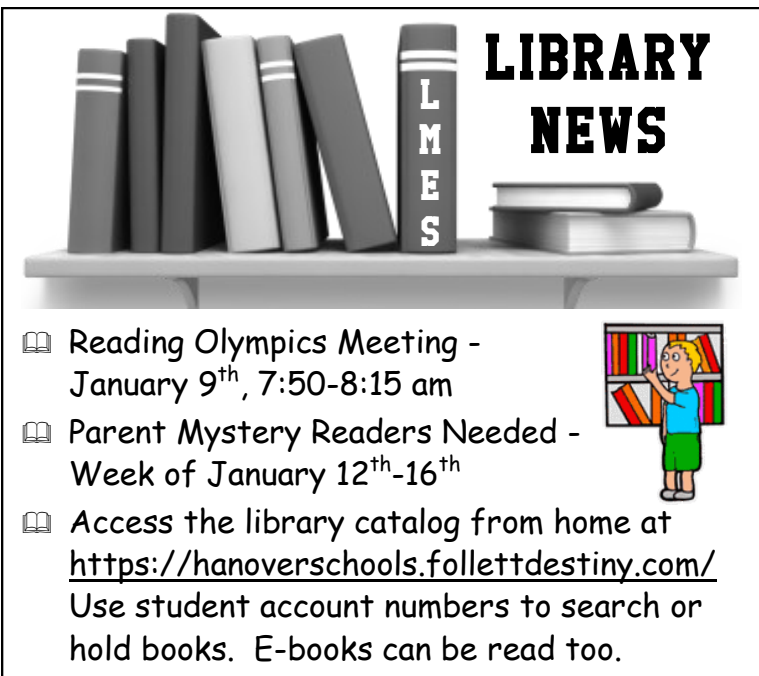
Primary:

- 1<sup>st</sup> place: Chloe Battin

### Literature

Intermediate:

- 1<sup>st</sup> place: Sophie Lynn
- 2<sup>nd</sup> place: Joshua Carter

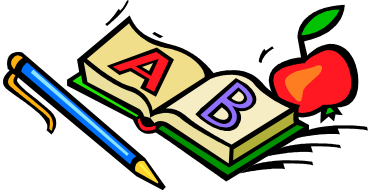


**LIBRARY NEWS**

- 📖 Reading Olympics Meeting - January 9<sup>th</sup>, 7:50-8:15 am
- 📖 Parent Mystery Readers Needed - Week of January 12<sup>th</sup>-16<sup>th</sup>
- 📖 Access the library catalog from home at <https://hanoverschools.follettdestiny.com/> Use student account numbers to search or hold books. E-books can be read too.



# Fall - Winter School Health Newsletter



## Healthy Students; Healthy Schools

### Information on Pertussis (Whooping Cough)

Across Virginia, the Health Department has reported increasing rates of whooping cough in the past few years. Whooping cough is a bacterial infection of the respiratory system that causes severe coughing spells. Most school children are protected against this disease because of the vaccinations that are required before entering school. Immunity to pertussis starts to fade with time. Children then are susceptible to catching whooping cough and spreading it to others.

The first signs and symptoms of whooping cough are similar to the common cold:

- runny nose
- sneezing
- mild cough
- low-grade fever

Unlike the common cold, the whooping cough sticks around and within 2 weeks the cough gets stronger. Typically the cough is described as spasmodic cough that ends in a prolonged high pitch. The cough may cause gagging and cause the child to vomit.

If you suspect that your child may have symptoms of whooping cough, it is important to seek medical care.

### Parents of fifth grade students:

It's not too early to start planning for middle school. Virginia Law requires that students entering sixth grade must have a Tetanus, Diphtheria, Pertussis (Tdap) booster.



<http://www.vdh.virginia.gov/Epidemiology/factsheets/pdf/Pertussis.pdf>

### IT'S THE SEASON OF COLDS AND FLU

- Wash your hands frequently
- Cover your nose and mouth when you cough
- Avoid touching your eyes, nose, or mouth to prevent spreading germs
- Stay home when you are ill
- Students must be fever free for 24 hours without fever reducing medication before returning to school

### The Facts of Head Lice!

- Head lice can be a nuisance, but they have not been shown to spread disease.
- Head lice move by crawling; they cannot fly or hop.
- Personal hygiene or cleanliness in the home or school has nothing to do with getting lice; anyone can get it by head-to-head contact.
- Signs of lice may include itching of the head and neck, sores on the head caused by itching, and the appearance of small white eggs (nits) that are strongly attached to the hair and are difficult to remove.

### To Prevent & Control the Spread of Lice

- Avoid hair-to-hair contact during play and other activities at home, school, and elsewhere (sports activities, slumber parties, and camp).
- Do not share clothing such as hats, scarves, coats, hair ribbons, or barrettes.
- Do not share combs, brushes, or towels.

<http://www.cdc.gov/parasites/lice/head/>



# JANUARY 2015

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>COMING IN FEBRUARY:</b>	6 <sup>th</sup> - Spirit Wear Day 13 <sup>th</sup> - Family Dinner and Dance 24 <sup>th</sup> - Chick-fil-e Spirit Night		1	 Happy New Year!	2	3
4	5	6	7	8	9  Spirit Wear Day	10 
11	12	13 Donuts With Dad 	14	15 Reading/ Writing Night Newsletter Submissions Due	16	17
18 	19 No School	20  Spirit Night	21	22 Early Release	23 Early Release	24
25	26	27	28	29	30 Pizza &  Night	31



Calling all Dads and male role models - don't forget to sign up to help in the Watch D.O.G.S. program as it supports the students and staff here at LMES.

### It just take three EASY steps.

**First step:** You type in the following link:  
<http://vols.pt/q94mr4>.

**Second step:** You need to enter your email address so a reminder will go out to you the week of your day of volunteering.

**Third step:** Please enter the name of your student(s) in the space for your phone number. This will help make your daily schedule so you can enjoy your day with your student(s).

If you have any question or concerns, please email David Stewart, Watch D.O.G.S. Top Dog Director, at [davids1@hotmail.com](mailto:davids1@hotmail.com).

### Laurel Meadow Elementary School Mission Statement:

Laurel Meadow is a diverse community dedicated to providing a safe learning environment in which all students are inspired to achieve to their fullest potential.

### Would you like to see more candid photos of your children in the yearbook?

You can use eShare! eShare is an easy way for parents to upload pictures of their children to a secure website for possible use in the yearbook. Parents can go to [www.yearbookcenterorder.com](http://www.yearbookcenterorder.com) and enter Laurel Meadow to get started. The school code for eShare is lmes10058. There is also a FREE app that can be used to easily upload photos directly from your phone called **Herff Jones eShare**. This app can be downloaded on Android phones and some iPhone models. Please start adding photos today!

