

Volume 9, Issue 2 2 7 / Coctober 2016

Inside this issue

Letter from the President Principal's Corner Library News Counselor's Corner Clinic News Calendar

Upcoming events

Oct 3: Custodian **Appreciation Day**

Oct 4: Watch Dog Pizza & Signup Night

Oct 5: International Walk to School Event

Oct 6: School Pictures (Pre-K - 2)/Early Closing

Oct 7: School Pictures (grades 2-5)

Oct 11: Riverbound Spirit Night

Oct 13: Principal Coffee & Chat (Kindergarten) 7:45-8:45am

Oct 14: Reading Olympics Kick-off

Oct 17: Boosterthon Pep Rally

Oct 20: Family Fitness Night Oct 26: Boosterthon Fun

Run

Oct 27: Early Closing/ Parent Téacher Conferences



Dear Parents and Laurel Meadow Staff.

The 2016-17 school year is in full swing at Laurel Meadow and things are really getting busy. It's a great time to join in and support your children and school.

The PTA is so excited about the upcoming joint fundraiser with the school, Boosterthon!!! The kids are going to love it and I am very excited to experience it with them. Please come and join in on the fun.

Family fitness night is a great way to get the family involved with the fun as well.

If you are interested in joining the PTA, it is never too late and the cost is only \$6 per person. We also still have spirit wear shirts and Tervis cups for sale, if interested.

Activities are really buzzing at LMES and we would love to have any and everyone involved. Please don't hesitate to contact me with any questions at igmiller77@hotmail.com.

> Sincerely. Jaime Miller **PTA** President

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Principal's Corner - Ms. Karen Carpenter





October is Fitness Month at Laurel Meadow!

We have a ton of activities designed to keep our students moving and active. Physical activity is a critical component for a child to maintain a healthy lifestyle. Also, the Center for Disease Control states, "... physical activity can have an impact on cognitive skills, and attitudes and academic behavior, all of which are important components of improved academic performance." In our ongoing effort to have a positive impact on the "whole child" Laurel Meadow is hosting several physical fitness events this month.

First, Laurel Meadow students are invited to participate in the International "Walk to School" event. Laurel Meadow was the recipient of a "Safe Routes to School Grant" several years ago. This grant provided more access to the school with the installation of sidewalks on Laurel Meadow Road. International Walk to School Day is a global event and it involves school communities from approximately 40 countries walking and biking to school on the same day. Laurel Meadow students living within a half mile of the school, accompanied by an adult, are invited to participate in this fun event. In addition, we hope to build healthier habits for parents and students. Walking to school is a positive experience for the following reasons: it's fun, it develops healthier habits, promotes a strong sense of community, and provides another opportunity for parents to participate in a healthy activity with their child. So, join us Wednesday, October 5th and help the Laurel Meadow Community celebrate International Walk to School Day.

Other physical fitness based activities happening at "the Meadow" in October are our annual Family Fitness Night and our first Boosterthon. Family Fitness Night is scheduled for Thursday, October 20th 6:30 -7:30. Bring your children for a fun filled event which has been extremely popular over the past few years. Also, you are encouraged to come cheer for our students during the Boosterthon Fun Run on October 26th. Read the following information about this exciting event.

This year, we will be having ONE fall fundraiser. We will be doing the Boosterthon Fun Run as a joint PTA and School Fundraiser. The Boosterthon Fun Run experience combines a fun fitness event, an interactive character program, and a highly profitable school fundraiser. It's all wrapped up in an unforgettable experience that is fun for students!

The great thing is, there is nothing to sell and no door-to-door visits. Parents help your school simply by gathering pledges, a tax deductible gift, from friends and family. Pledges can be a per lap amount or flat donation. The lap average for all students on the day of the Fun Run is 30-35.

The Boosterthon Fun Run program has three parts:

Pep Rally (October 17)

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This is the opening kickoff to the Boosterthon. The Boosterthon Fun Run team leads this exciting assembly-style meeting in the school gym. The team explains that the Boosterthon Fun Run will be happening the next week and how every student will run as a school.



Team Huddle Days (15 minutes of their resource time October 18 - October 25)



The next six days are Team Huddle Days. This is the time when the Boosterthon Fun Run team makes the character theme come to life, rewards students for helping their school, and reminds classes about the upcoming Fun Run.



Principal's Corner (continued)

Fun Run (October 26)

This is the day everyone's been waiting for! The Boosterthon Fun Run team begins setting up the speedway early in the morning. When students



arrive to class, they prepare to come out to the speedway. Students run for 30 minutes to upbeat, themed music. Parents are invited to line the inside of the track as the official cheer squad. As the run ends, laps are tallied and students review the character lessons.

Parent Teacher Conferences

This year there will be two options for scheduling fall parent teacher conferences. The dates for the conferences are Thursday, October 27th in the evening and Monday, November, 7th in the morning. Sign-up information will be coming home soon in Tuesday folders. Remember, this year, November 7th and November 8th are student holidays.

LMES Library News

We encourage you to access our Virtual Library to browse the collection or read an eBook in the Destiny Catalog.

Utilize online resources for research and fun learning at http://



<u>hanoverschools.follettdestiny.com</u> or <u>http://hcps.us/VL/</u>.

Upcoming Library Events:

- ☆ Mystery Reader Week October 10-14
- Reading Olympics Kick-Off (4th & 5th grade) Friday, Oct 14, 8:15-9:00am in the cafeteria
- Reading Olympics Read Aloud Night at the Pamunkey Library-Thursday, October 20 7:00pm
- ☆ Book Fairs: December 5-10 & May 1-5

We look forward to seeing you in the library!

Michele Kaloski, Librarian: mkaloski@hcps.us

Beth Webel, Library Secretary: ewebel@hcps.us

The Counselors' Corner

During the month of October, classroom guidance lessons will focus on friendship skills and bullying awareness. Students will learn to recognize bullying behavior and when to report that information to the adult in charge. Students will also learn the difference between small problems that they can handle themselves and bigger problems that they will need to report. Additionally, students will learn about being a good friend.

On Wednesday, October 19th, the LMES community will be invited to wear orange in support of Unity Day. Unity Day is the day everyone can come together and show we are united for kindness. Students will be given the opportunity to make a Unity Day poster to display throughout our halls.



Partners in Education

If you own or operate a business and would like to be more involved in the LMES community, please consider becoming a Partner in Education. Our Partner in Education program strives to make positive connections

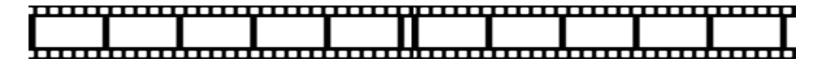
between LMES and its community. Current partnerships help our school by:

- ☆ teaching movement stories in classrooms
- providing discount lunches to faculty and staff
- ☆ donating paper or Roar Store items
- ☆ servicing staff and faculty cars at a discount
- hosting book fairs throughout the year and donating proceeds to LMES
- providing incentive coupons for free or discounted meals for PTA members
- providing a place to display student art
- ☆ teaching economic lessons in classrooms

For more information, contact Carol Anne Ziolkowski at cziolkowski@hcps.us or 723-2051.

Clinic News

Health Screenings for all students K - 3rd grade and new to Hanover County will be conducted on October 12. Screenings include height, weight, vision and hearing tests. Students whose test results fall outside the acceptable range for vision and hearing tests will be notified in writing.





It's time to turn in that big stash of **BOXTOPS**

you have been saving!
Each clipped Box Top earns ten
cents for LMES!
Please submit your Box Tops to
your child's teacher by Friday,
October 21 (date has been
extended). Grade level winners will
earn a special prize!

Mark your calendars for the annual

Snowflake Breakfast on December 10

Vendors & volunteers contact Carter Frantz to sign up at cafrantz@nwp.com.

We are in need of a face painter & balloon artist to donate their time. Supplies will be provided.

Laurel Meadow Elementary School is participating in the

Clothing To Cash 💍 Recycling Program

Clean Out Your Closet & Help our School Raise Money!







Laurel Meadow Elementary will be paid for every pound we collect.
All materials will be Reworn, Repurposed or finally Recycled.

Look for the large white collection bin in the school parking lot.
The goal is to <u>FILL</u> our collection bin <u>WEEKLY</u> with
as many <u>PLASTIC BAGS</u> of clothing, shoes
and other textiles as possible!



Help Support Our School & Save The Environment One Bag At A Time.

Reflections - What is Your Story?

VA PTA membership provides LMES students the opportunity to participate in the National PTA Reflections program. Reflections encourages students to explore the arts by creating entries in dance choreography, film production, literature, musical composition, photography, visual arts and literature categories using the 2016-2017 theme, "What is Your Story?".

For information, contact Heather Bronson (804-248-5802 or <u>heatherwbronson@gmail.com</u>) or Geoff Young (Geoff.young@gmail.com).

Entry forms are available outside the Art Room and on the LMES and VA PTA websites at http://lmespta.wordpress.com/reflections/ and http://www.vapta.org/arts-and-education/reflections.html.

We want items in <u>ALL</u> conditions, unwanted, outgrown and out of style.

We accept the following:

All Clothing (New and Used Women's, Men's

and Children's, Clothing, Coats, etc.)

All Footwear (Shoes, Sneakers, Boots, Cleats, etc.)

Textiles (Bedding, Sheets, Blankets, Towels)

Accessories (Handbags, Backpacks, Gloves, Scarves, Jewelry, Wallets)

Toys (Stuffed Animals)

We Do Not Accept:
Furniture, Food, Foam Cushions or Plastic items