

LMES P7/4

Volume 10, Issue 2

October 2017

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October 13 Reading Olympics kick-off

October 17 Boosterthon Pep Rally

October 17 Marco's Pizza Spirit Night

October 19 Family Fitness Night 6:30

October 24 Ashland Skate Night 6-8PM

October 27 Boosterthon FUN RUN!!

November 3 Early Release

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November 9 Veteran's Day Performance

9AM & 6:30PM

November 12-17 Book Fair

November 14 Riverbound Spirit Night &

Book Fair Family Night

November 22-24 Thanksgiving Break

November 30 STEM Fair 6:30PM (Reflections Awards)

PTA Meeting 5:30



Dear Parents and Laurel Meadow Staff,

I can't believe the first month has gone by so quickly! A big THANK YOU to all the grandparents who attended our Goodies for Grandparents! We had 475 Grandparents and Students join us this year! It is great to see what a hit this event has become for the PTA and school. And I know the students sure enjoyed having their grandparents here!

October if filled with lots of activities! We will kick off October with our Watch D.O.G.S pizza night, followed by our first Walk to School Wednesday, Marco's Pizza Spirit Night, Ashland Skate night and Family Fitness Night. Then our biggest event of the year is in

October.... **BOOSTERTHONSS** This is such a great event for the school and PTA, but most importantly the kids! The lessons they learn from this event, the energetic

kick-off pep rally, the daily huddles all of which lead up to the grand finale – the *FUN RUN* – Friday October 27th! More information will be coming home about each of these events in your student's Tuesday folders.

If you have missed getting Spirit Wear, no worries, we have these items all year! You can find order forms in the office. We are also

going to start pre-selling Long-sleeve Shirts and Sweatshirts at the beginning of October so the students can enjoy these items all winter. Look for the Winter Spirit Wear order forms soon.



Lastly, if you have not already joined the PTA we want to encourage you to help support your child and the school. Memberships are \$6 per person, per year. Your money is not just going to help fund our monthly events. Any money that is raised thru the PTA has helped

support school and teacher's needs. Thru the years the PTA has helped fund the LMES Marquee out on Lee Davis, Smart Boards, I-Station, Document Cameras and a Clay Slab roller. It is your support thru Boosterton, memberships, Spirit Wear, and donations that help the PTA support your child's school. We truly appreciate your support!

We hope you will join us for all the fun this October!

Sincerely, Dana Hughes, PTA President



Principal's Corner - Ms. Sandra Crowder



October is Fitness Month at Laurel Meadow! We have a ton of activities designed to keep our students moving and active. Physical activity is a critical component for a child to maintain a healthy lifestyle. Also, the Center for Disease Control states, "... physical activity can have an impact on cognitive skills, and attitudes and academic behavior, all of which are important components of improved academic performance." In our ongoing effort to have a positive impact on the "whole child" Laurel Meadow is hosting several physical fitness events this month.

First, Laurel Meadow students are invited to participate in the International "Walk to School" event. Laurel Meadow was the recipient of a "Safe Routes to School Grant" several years ago. This grant provided more access to the school with the installation of sidewalks on Laurel Meadow Road. International Walk to School Day is a global event and it involves school communities from approximately 40 countries walking and biking to school on the same day. Laurel Meadow students living within a half mile of the school, accompanied by an adult, are invited to participate in this fun event. In addition, we hope to build healthier habits for parents and students. Walking to school is a positive experience for the following reasons: it's fun, it develops healthier habits, promotes a strong sense of community, and provides another opportunity for parents to participate in a healthy activity with their child. So, join us Wednesday, October 4th and help the Laurel Meadow Community celebrate International Walk to School Day.

Other physical fitness based activities happening at "the Meadow" in October are our annual Family Fitness Night, Skate Night, and our second Boosterthon.

- 1. **Family Fitness Night** is scheduled for Thursday, October 19th 6:30 -7:30. Bring your children for a fun filled event which has been extremely popular over the past few years.
- 2. **Skate Night** is from 6-8 pm on Tuesday, October 24th.
- 3. Also, you are encouraged to come cheer for our students during the **Boosterthon Fun Run** on October 27th. Read the following information about this exciting event.

This year, we will be having ONE fall fundraiser. We will be doing the Boosterthon Fun Run as a joint PTA and School Fundraiser. The Boosterthon Fun Run experience combines a fun fitness event, an interactive character program, and a highly profitable school fundraiser. It's all wrapped up in an unforgettable experience that is fun for students! The great thing is, there is nothing to sell and no door-to-door visits. Parents help your school simply by gathering pledges, a tax deductible gift, from friends and family. Pledges can be a per lap amount or flat donation. The lap average for all students on the day of the Fun Run is 30-35. The Boosterthon Fun Run program has three parts:

- **Pep Rally** (October 17) This is the opening kickoff to the Boosterthon. The Boosterthon Fun Run team leads this exciting assembly-style meeting in the school gym. The team explains that the Boosterthon Fun Run will be happening the next week and how every student will run as a school.
- **Team Huddle Days** (15 minutes of their resource time October 18 October 25) The next six days are Team Huddle Days. This is the time when the Boosterthon Fun Run team makes the character theme come to life, rewards students for helping their school, and reminds classes about the upcoming Fun Run.
- Fun Run (October 27) This is the day everyone's been waiting for! The Boosterthon Fun Run team begins setting up the speedway early in the morning. When students arrive to class, they prepare to come out to the speedway. Students run for 30 minutes to upbeat, themed music. Parents are invited to line the inside of the track as the official cheer squad. As the run ends, laps are tallied and students review the character lessons.





The 2017-2018 Theme 'Within Reach"

Reflections Awards Program

Students in Pre-K through grade 12 create theme-based artwork in dance choreography, film production, literature, musical composition, photography or visual arts.

We hope that through the array of opportunities more students can enter the program this year. Feel free to contact Heather Bronson with any questions or concerns.

Deadline for Entries is November 10th to the office by the end of the school day. Awards November 30th at the STEM Fair

Arts and Education Information

Heather Bronson

804-248-5802 Heathewbroson@émail.com

DON'T FORGET!!!

Please turn in your Box Tops by

October 6th.

Prizes for highest total in each grade level!



Ms. Hairston and LMES artists would like to thank Ms. Anne Miller of the Rho Eta Omega Richmond Chapter of Alpha Kappa Alpha, Inc. for her generous donation towards supplies and materials for our classroom studio.



A big THANK YOU to the following sponsors of our Boosterthon Fun Run!!







Now Delivers Call or Order Online Pick-up or delivery









Health & Safety



Home fires can start and spread quickly, which is why we all need to be careful and educated when it comes to fire safety. Just a little bit of planning can make a big difference for your family.

The Hard Facts

In 2013, 334 children died in home fires. Eighty-seven percent of all fire-related deaths are due to home fires, which spread rapidly and can leave families as little as two minutes to escape once an alarm sounds. Fires are not just a problem in the United States. In 2008, nearly 61,000 children around the world died due to a fire or burn.

- Working smoke alarms reduce the chances of dying in a fire by nearly 50 percent. They are a critical first step for staying safe, but in order to be effective, they have to be working properly. For the best protection, install smoke alarms on every level of your home and in every sleeping area.
- Teach kids never to play with matches and lighters. Make a habit of placing these items up and away from young children.
- Create and practice a home fire escape plan with two ways out of every room in case of a fire. Get a stopwatch and time how fast your family can escape.
- Children should know how to respond to the sound of a smoke alarm. Teach them to get low and get out when they hear it. A child who is coached properly ahead of time will have a better chance to be safe.
- Use common sense in the kitchen. Limit distractions when cooking and don't leave a hot oven or stovetop unattended.
- Blow out candles before you leave the room or before you go to sleep.





OCTOBER 2017







SUNDAY	Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3 Watch DOG Pizza Night 6:00 PM	4 Walk to School	5	6 LMES Spirit Wear	7
					Early Release	
8	9 Student Holiday	10	11	12 School Pictures 3rd - 5th	13 School Pictures PreK - 2nd RO Kick-off 3y 8:15 - 9:15AM	14
15	16	17 Boosterthon Pep Rally Marco's Pizza Spirit Night	18 Boosterthon huddles	19 Family Fitness Night: 6:30 - 7:30PM PTA Meeting: 5:30	20	21
22	23 Boosterthon huddles	24 Ashland Skate Night 6-8PM	25	26	27 Boosterthon FUN RUN!!!!	28
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Welcome To the Laurel Meadow Library! It is our pleasure to help students develop a love for reading and increase literacy

skills. All classes visit the library once a week where they will have a read aloud, book talk, literacy or research lesson, and book check out. Books are due each week. Students may renew book(s) but must bring the book(s) to the library to be scanned.

We also offer open checkout from 7:45am-8:00am and 2:05pm-2:20pm. Students must always check with their teacher first before coming to the library.

We would like to encourage you to access our Library Catalog at http://hcps.us/lmes/library.htm. Find out more about our library, read an ebook, search the library catalog, or use the databases for researching information.



Birthday Books- In honor of a birthday celebration, HARDBACK donations are welcome. We will recognize your child by putting a special book label inside the cover and take a picture for our B-day

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club wall. Look for our letter during your child's birthday month for more details.



Reading Olympics Reading Olympics-4th and 5th grades

Oct. 13th 8:15am-Reading Olympic Kick-off (Teams and titles will be announced)

October 25th-T-shirt order forms due.



Volunteer Opportunities

- Mystery Reader Week-October 20th -November 3rd
- Fall Book Fair-November 13th-17th

We look forward to seeing you at the library!

Please feel free to contact us.

Michele Kaloski - Librarian: (mkaloski@hcps.us)

Beth Webel - Library Secretary:

(ewebel@hcps.us)

Wild West Book Fair-Sign up Genius

http://www.signupgenius.com/go/10c044baaaa2baa8-wild





Help Laurel Meadow artists create a 10 year Anniversary Upcycled Plastic Bottle Top Mural!

Collect and send in plastic caps, lids, and tops (all colors and small to medium sizes). Your trash is our treasure! Keep all of your colorful plastic bottle and container caps and lids for the LMES 10th Year Anniversary Mural. Turn in your plastic caps to the box outside of the Art room. Reduce. Reuse. Recycle. Celebrate 10 years of Education and Learning at LMES! Thank you for supporting art education and our mural project.

Artfully yours,

LMES Artists and Ms. Hairston