



Lights
Camera
Learning!

LMES

PTA

Volume 10, Issue 6

February 2018

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Dear Parents and Laurel Meadow Staff,

I would like to thank all the Dads who attended our Watch D.O.G.S. Donuts for Dads morning. We had great attendance with over 300 Dads and students enjoying yummy donuts. I know your children sure enjoy spending the morning with their Dads!



Yee Haw Cowboys and Cowgirls!
Time to put ur boots on and kick up ur heels
then saddle up ur horses to mosey on over to
LMES for our Wild West Family Dinner and Dance

Friday February 9th!

Cause' we're gon'na have us a
hootin' and hollerin' good time at this here hoedown!

We are looking forward to some exciting activities planned for March. First we kick off the month with Reading and Writing Night, March 1st, then we are going to hear the talents of our 1st graders at the 1st Grade Musical on March 15th. Finally, enjoy breakfast, lunch or dinner at Riverbound Café for our spirit night on March 20th. Please be sure to mark your calendars and join us for all these fun activities! More information about each of these events will be sent home soon in Tuesday folders.



Lastly, we are looking for lots of new faces to help with the PTA for the 2018-2019 school year! We have many of our volunteers leaving us next year as their kids move on to middle school! We can't make our events and activities successful without the help of parent volunteers and the PTA!

As always, please feel free to contact me with any questions, concerns, or ideas at daveanddanahughes@comcast.net.

Sincerely,

Dana Hughes - PTA President





Digital Citizenship: As parents and educators, it is our joint responsibility to keep the children in our care safe. We all teach our children about strangers, ways to be safe in the house, and how to cross a street safely. These are critical lessons for children, and we naturally teach these vital skills. However, with technology and the digital world as the “new normal”, we need to think about internet safety and assisting our children with becoming responsible users of the technology at their fingertips. All Hanover County Public Schools teach lessons on Digital Citizenship in upper elementary (grades 3, 4, 5). These lessons are designed to teach students the following concepts: HCPS Acceptable Use Policy, Social Media and the Code of Conduct, Online Etiquette, Cyberbullying, Plagiarism, website evaluation and the importance of citing sources. These concepts are intentionally taught to all upper elementary students, but some aspects may be taught to younger students if the need arises. In addition to the concepts taught at school, parents should utilize a recommended website to assist them in monitoring the safe use of technology in the home. A recommended website is Common Sense Media (www.commonsensemedia.org). This website is dedicated to providing adults with unbiased information about media and technology that may be in use in our homes. This is an excellent resource to assist parents living in this digital age. It provides information about games, apps, TV shows, websites, books, music, and movies. Take a few minutes to review this free resource. I am sure that you will find it to be a valuable tool.

The screenshot shows the Common Sense Media website. At the top, there are navigation tabs for 'For Parents' (highlighted), 'For Educators', and 'For Advocates'. On the right, there are links for 'Log in' and 'Sign me up'. Below the navigation is the 'common sense media' logo and a search bar with the placeholder text 'What are you looking for?'. To the right of the search bar is a 'DONATE' button. A green navigation bar contains the following menu items: 'Reviews', 'Top Picks', 'Family Guides', 'Parent Concerns', 'Videos', 'News & Advice', 'Latino', 'Research', and 'About Us'. The main content area features a large banner for 'Popular Movies in Theaters This Weekend' with a 'GREAT FOR FAMILIES' badge. Below the banner is a sub-header and a paragraph of text with a 'Check out the reviews.' link. To the right of the banner is a sidebar titled 'Find Great Media for Kids by Age and Type' with a slider set to 'Ages 2 - 18' and a list of media types: 'Movies', 'Books', 'TV', 'Games', 'Apps', and 'Websites'. Below the list is a 'Go!' button. At the bottom of the page, there are three featured articles: 'Top-Rated Learning Tools of the Year' (with a 'BEST LEARNING TOOLS 2017' badge), 'Congress "CHIP"s Away at Kids' Health Care', and 'Step-by-Step Tips to Set Up Your Kid's iPhone'. Social media icons for Facebook, Twitter, Pinterest, Instagram, and YouTube are located at the bottom right of the page.



One School, One Book

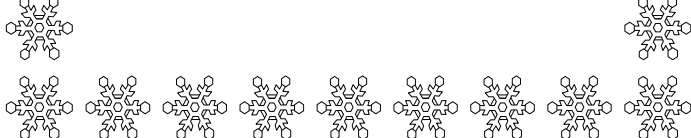
One School One Book is coming to Laurel Meadow in the month of March! OSOB is a wonderful opportunity for the entire school community to take part in a shared reading experience. Each LMES household, through the generosity of our PTA and the Hanover Education Foundation, will receive a copy of our One School One Book novel. Families will also receive a reading calendar and some optional, fun activities that tie in with the book. Stay tuned to find out our mystery title SOON!



To date, we have used a total of six inclement weather days. The first four days were “banked” days (no makeup required), and the remaining two days (January 17-18; days five and six) are required makeup days. As a result, **the following calendar changes will take effect:**

- ◇ February 8th: Full day (originally an early closing for professional development)
- ◇ February 19th: Full day (originally a student and teacher holiday)
- ◇ February 22nd: Full day (originally an early closing for parent-teacher conferences)

In addition, please note that although we are no longer designating the afternoon of February 22nd for parent-teacher conferences, parents are welcome to reach out to their schools and/or teachers to schedule a time to meet at a mutually convenient time to discuss any concerns.



Health & Safety



Encourage children to drink water before, during and after athletic activities or play.

Participation in sports offers tremendous social, emotional and physical benefits for children. We know that one of the worst things for kids is being on the sidelines with an injury. As parents and coaches, there are simple things we can do to help reduce preventable injuries – so our kids can continue playing the games they love.

The Hard Facts

In 2013, more than 1.24 million children ages 19 and under were seen in emergency departments for injuries related to 14 commonly played sports.

Top Tips

- ☆ Before playing organized sports, make sure your child receives a pre-participation physical exam, or PPE, performed by a doctor, or a nurse practitioner or qualified clinician under the supervision of a physician. Whomever performs the exam, the same practices should be followed including the need for a medical history.
- ☆ Bring a water bottle to practice and games. Encourage children to stay well hydrated by drinking plenty of water before, during and after play.
- ☆ Stretching before practice and games can release muscle tension and help prevent sports-related injuries, such as muscle tears or sprains. Make sure there is time set aside before every practice and game for athletes to warm up properly.
- ☆ Take time off from one sport to prevent overuse injuries. It is an opportunity to get stronger and develop skills learned in another sport.
- ☆ It's also a good idea for coaches to get certified in first aid and CPR, learn the signs and symptoms of a concussion and help avoid overuse injury by resting players during practices and games.



FEBRUARY 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 <i>Variety Show</i> 9AM, 10AM & 6:30PM	2 <i>Jersey Day</i> RO Meeting 7:45-8:15AM	3
4	5	6	7	8	9 <i>Family Dinner & Dance and Art Auction</i> 6:30PM	10
11	12	13	14	15 <i>Reading Olympic Practice</i>	16 **Snow Date for Family Dinner & Dance 6:30PM**	17
18	19	20 Giambanco Spirit Night	21	22	23	24
25 County Reflections Awards 3PM	26 One Book One School Kick-off	27	28			



We will be collecting on **Friday, February 9th**, so get clipping and send them in to your child's teacher!



At Laurel Meadow,

I respect myself and others.
I have the power to make good choices.
I am responsible for my learning.
I have pride in my school.

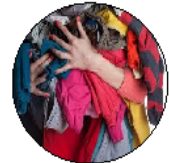


LMES PTA is on Facebook! Like and Follow Laurel Meadow Elementary School PTA on Facebook for reminders, updates on events, and to post and share with other LMES parents! <https://m.facebook.com/Laurel-Meadow-Elementary-School-PTA-161023907306441/>



Laurel Meadow Elementary School is participating in the **Clothing To Cash Recycling Program**

Clean Out Your Closet & Help our School Raise Money!



Laurel Meadow Elementary will be paid for every pound we collect. All materials will be Reworn, Repurposed or finally Recycled.

Look for the large white collection bin in the school parking lot. The goal is to **FILL** our collection bin **WEEKLY** with as many **PLASTIC BAGS** of clothing, shoes and other textiles as possible!



Help Support Our School & Save The Environment One Bag At A Time.



We want items in **ALL** conditions, unwanted, outgrown and out of style.

We accept the following:

- All Clothing** (New and Used Women's, Men's and Children's, Clothing, Coats, etc.)
- All Footwear** (Shoes, Sneakers, Boots, Cleats, etc.)
- Textiles** (Bedding, Sheets, Blankets, Towels)
- Accessories** (Handbags, Backpacks, Gloves, Scarves, Jewelry, Wallets)
- Toys** (Stuffed Animals)

We Do Not Accept: Furniture, Food, Foam Cushions or Plastic items