



# LMES PTA

Volume 12, Issue 7

March, 2020

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- Mar 12 1st grade musical 6:30pm
- Mar 17 Spring Pictures
- Mar 17 AMF bowling spirit night  
6pm-8pm
- Mar 20 RO Competition 8:20-  
11:30am
- Mar 26 Early Closing
- Mar 27 Early Closing/End of  
9 weeks

Dear Parents and Laurel Meadow Staff,

I would like to thank all the parents and students who attended our "Night at the Movies" Family Dinner Dance! It was such a great evening with over 150 students, siblings, and parents dancing and enjoying dinner. We loved all the costumes!!!! We would like to, again, thank Cris Morgan for being our DJ! Plus, an extra Thank You to The Giambanco's Italian Grill and Mimmo's for donating the spaghetti and salad. Lastly, I would like to thank Nicole McLaren and committee for coordinating such a great event.

A few things to look out for this month. The first-grade musical will be on Thursday, March 12<sup>th</sup> at 6:30pm. Next up is AMF bowling spirit night on Tuesday, March 17<sup>th</sup> from 6pm to 8pm. Look for sign up flier to come home in upcoming Tuesday folders.

I know this time of year gets so busy with spring sports kicking off and many fun activities for the whole family. This is also the time of year when we begin thinking about our leadership for the next school year. Please let us know if you are interested in joining the PTA board.

President  
 Vice President  
 Treasurer  
 Secretary  
 Hospitality  
 Website/Social Media

Arts in Education  
 Membership  
 Box Tops  
 Family Dinner Dance  
 Newsletter

Historian  
 Staff Appreciation  
 Health & Safety  
 Volunteer Coordinator  
 Spirit Nights

If you would like more information on any of the above, please contact me at [mer-gyrx@aol.com](mailto:mer-gyrx@aol.com) or come to a meeting on Thursday, April 2<sup>nd</sup>.

Sincerely,  
Kristin Konopka  
PTA President



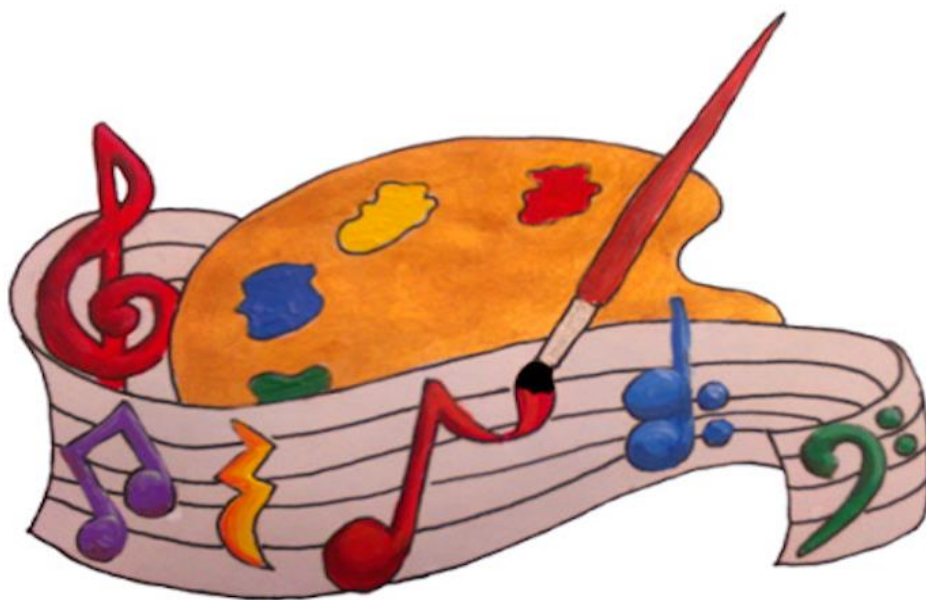


March is National Music in Our Schools Month and National Youth Art Month

Did you know there is a rich body of evidence that suggests that education in art and music boosts children's academic performance? Children learn better when music and art are part of the curriculum. Memory and spatial learning, as well as literacy and verbal intelligence have been shown to strongly benefit from musical training. Art helps with spatial learning, fine motor development, and critical thinking.

Both art and music education have also been shown to increase students' self-confidence and creative thinking. Students who are actively engaged in music and art curricula are more likely to stay in school and stay focused on learning. Arts programs also help students with decision making, focus, and impulse control. Perseverance, collaboration, and accountability are all strengthened when students participate in the arts. Not to mention...music and art help us all express things that cannot be expressed otherwise.

Thank you to Mrs. Talley and Ms. Hairston for helping our students develop their artistic abilities, as well as memory, focus, and literacy through music and art education!





March is Youth Art Month! Thank you to all of the families who came out to our Family Art Night. Our Family Art Night kicks off our celebration of Youth Art Month in March. Youth Art Month is a celebration of the visual arts! Student exhibitions, public artworks, art festivals, and school events raise awareness and support of the K-12 visual arts to local and state education officials, business and community leaders and state and federal legislators. The 2019/2020 Youth Art Month theme is “Take a Journey through Art”.

Throughout the month of March at LMES, we will highlight famous artists, student artists, and have the Stonewall Jackson Student Art Show on display.

Youth Art Month encourages support for quality school art programs, and promotes art material safety.

Youth Art Month provides a medium for recognizing skills developed through visual arts experiences unlike any other curriculum subjects, including:

Problem solving  
Creativity  
Observation  
Communication

Art shows, special exhibits, fundraisers, and school and community activities take place annually, traditionally during March, to celebrate visual art education for grades K – 12.

How can you support Youth Art Month in March?

- Hang your child's artwork in your place of business.
- Ask your child about their art.
- Visit a local art museum or gallery.

Encourage your child to make art.

Thank you for supporting art education at LMES!

- Ms. Hairston

# Head Lice: What Parents Need to Know

Head lice are a common problem that usually affects school-aged children and their families. Head lice can attach to the hair of anyone's head. Getting head lice is not related to cleanliness of the person. Head lice are wingless and do not fly, hop, or crawl long distances. Head lice is spread through direct head to head contact. Though head lice may be a nuisance, they don't cause serious illness or carry any diseases.

## **Hanover County Public Schools Guidelines:** (page 6 in the Parent-Student Handbook)

- Students will be excluded from school at the time a live infestation is discovered.
- The school nurse will give the parent/guardian instructions for treating lice and the removal of nits (lice eggs).
- After lice treatment is completed, a parent must accompany the child to the clinic and bring the completed Head Lice Treatment Verification Form. If no live lice are seen the child will return to class.
- The parent will need to continue to remove nits from the child's hair for 7 – 10 days and possibly longer.
- The school nurse will follow-up with the parent/guardian in 7 – 10 days to remind them of a second treatment and to return the Head Lice Treatment Verification Form.
- The school nurse will screen the student 7-10 days to determine if any live lice or nits are present.
- Siblings of the infested individual and identified close contacts will be screened when deemed appropriate.
- In Elementary school if more than one case of lice is identified within 7-10 days all students in the classroom will be screened and a letter will be sent home to notify parents.

## **Prevention:** Avoid head to head contact.

- Avoid sharing jackets, clothing, combs, brushes, hats, barrettes, helmets, or towels.

## **Treatment:** Treat with appropriate lice treatment. Retreat in 7-10 days.

- Comb after treatment and every day for at least 10 days using a nit comb.
- Wash all bedding, hats, jackets, brushes, and stuffed animals in hot water and dry on high heat.
- Items that cannot be washed should be bagged for 2 weeks.
- Vacuum the floor and all furniture.
- Notify any family/ friends who have come in close contact with the child.

**If you discover your child has lice please inform the school nurse, Mrs. Martin, at (804) 723-2046 or [msmartin@hcps.us](mailto:msmartin@hcps.us) .**

For more information: <https://www.cdc.gov/parasites/lice/head/epi.html>

# MindUp

· What is mindful seeing? The MindUp Curriculum says “Mindful seeing helps students sharpen their focus by calling on one sense to very purposefully observe an object. This takes advantage of students’ natural visual curiosity about people and things in their environment – and their desire to share their observations.”

## How can you help your child with mindful seeing at home?

- Find a welcoming spot. Take one minute to quietly and mindfully look at the space. List as many details as you can about your chosen spot.
- Think about a favorite article of clothing. Draw a picture of it, and label the details that visually appeal to you.
- Choose a favorite item at home. Study it, and describe every aspect of the way it looks. Note its color, size, shape, and location.
- Make a T-chart labeled “Morning” and “Afternoon.” Mindfully observe outside your home. Make notations about what went on there in the morning and the afternoon.







# BUZZ



The latest news & information from Box Tops for Education

MAR & APR 2020



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## THANKS TO EVERYONE WHO SUBMITTED BOX TOPS CLIPS!

Schools will receive their spring earnings checks this April.

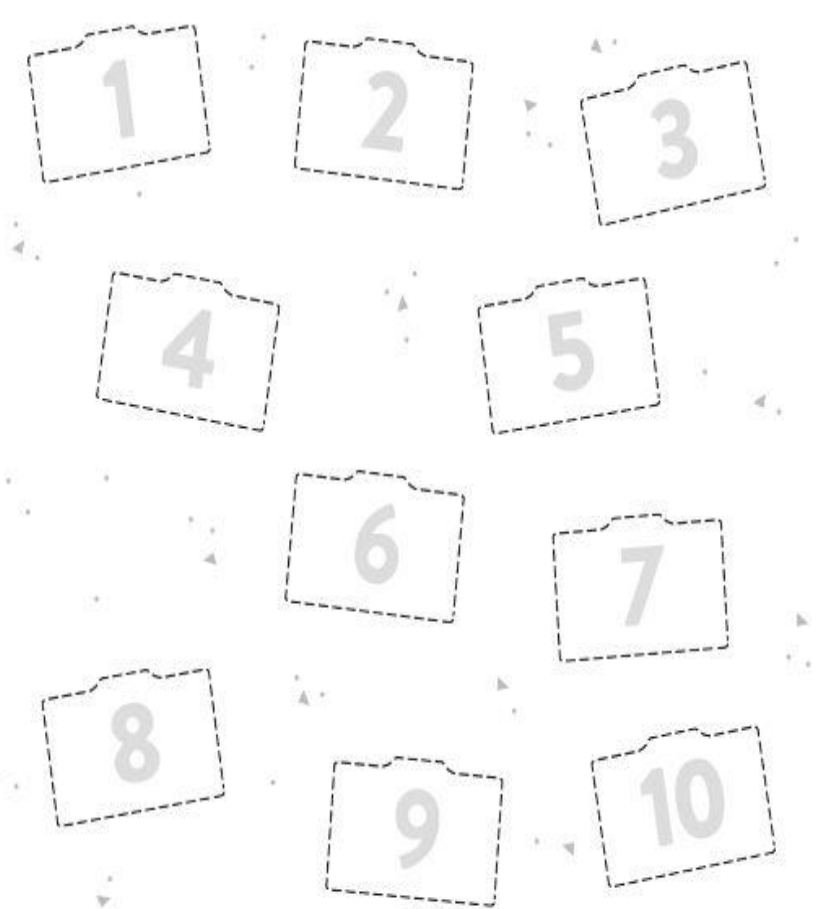
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### YOU CAN STILL SEND IN TRADITIONAL CLIPS

If your package has a traditional Box Tops clip, cut it off and attach it below. Each clip is worth 10¢ for our school. Please be sure each clip has a valid expiration date.



©General Mills

How to Scan With the Box Tops App video on Youtube:

<https://youtu.be/qWuXDKejVEg>



# MARCH 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3 Holiday No School	4	5	6 RO Meeting 7:50-8:20am	7
←-----Read Across America Week----->						
8 Daylight Savings Time Begins	9 Variety Show Auditions	10 Variety Show Auditions	11	12 1st Grade Musical 6:30pm	13	14
15	16	17 Spring Pictures AMF bowling spirit night 6-8pm	18	19	20 RO Competition 8:20-11:30am	21
22	23 Variety Show Practice: Group 1	24 Variety Show Practice: Group 2	25	26 Early Closing / Professional Development	27 Early Closing/ End of 9 Weeks	28
29	30 Variety Show Practice: ALL	31 Variety Show Practice: ALL				

### Read Across America Week:

Dr. Seuss Spirit Week

March 2nd-Cat in the Hat Day-Wear a hat and/or stripes to school.

March 4th-Fox in Socks Day-Wear mismatched socks.

March 5th-Green Eggs and Ham Day-Wear as much green as you can.

March 6th-Oh, The Places You'll Go!

### Reading Olympics Dates:

March 6th-Team Meeting 7:50am-8:20am

March 20th-Reading Olympics Competition 8:20-11:30am

March 25th Richmond Squirrels Nutzy Bookmarks due.