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LMES  
PTA

Volume 13, Issue 9

May, 2021

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Greetings to our LMES parents, students, faculty and staff!

Our LMES PTA is gearing up for our last PTA General Membership meeting of the school year. Please join us on Tuesday, May 4th at 7pm. At this meeting we will vote to confirm our Vice President and Treasurer candidates for the next term.

The next month's Venture Round Hanover- Hiking Trail Quest has been announced. Send in your submissions to be eligible for our fun prizes! Our Mental Health and Physical Well-being committee has received a donation from Lucky Road. One lucky participant will receive a gift certificate for \$100 toward the purchase of running shoes. The LMES PTA is grateful to Lucky Road for their commitment toward optimal health and well-being for our LMES community!

There are still open committees in the LMES PTA. Volunteers are important to our faculty, students and staff. Without active volunteers it is challenging to provide our students with the best resources and programs to empower their future scholastic development. We look forward to working with you in the upcoming school year.

Sincerely,  
Nicole "Coley" McLaren  
PTA President



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# Principal's Corner - Mr. Brad Davis

Dear Families,

As part of Virginia's Assessment Program, 3<sup>rd</sup>- 5<sup>th</sup> grade students in Hanover County Public Schools will take the Standards of Learning (SOL) tests beginning in May.

The SOL tests will take place during a four-week window, from May 11 – June 4, 2021. Make-up testing will take place during the testing window. Students will take all SOL tests online unless otherwise noted in an Individual Educational Program, 504 Plan, or English Language Learner Plan. Below is the schedule for SOL testing:

3rd Grade	4th Grade	5th Grade
Reading Day 1: <b>Monday, 5/17</b> Reading Day 2: <b>Tuesday, 5/18</b>  Math Day 1: <b>Monday, 5/24</b> Math Day 2: <b>Tuesday, 5/25</b>	Reading Day 1: <b>Thursday, 5/13</b> Reading Day 2: <b>Friday, 5/14</b>  Virginia Studies: <b>Thursday, 5/20</b>  Math: <b>Thursday, 5/27</b>	Reading Day 1: <b>Tuesday, 5/11</b> Reading Day 2: <b>Wednesday, 5/12</b>  Science: <b>Wednesday, 5/19</b>  5th Grade Math: <b>Wednesday, 5/26</b> 6th Grade Math: <b>Wednesday, 5/26</b>

Testing will begin promptly at **8:30am** each day and will continue until all students are finished. The tests are untimed so students are allowed as much time, within the school day, as they need to complete the test. If you know in advance that your child will not attend school for one or more of the SOL test(s), please notify your child's teacher so that arrangements can be made for your child to make up the test(s).

You can support us in preparing your child for the May SOL tests by doing the following:

- Arrive to school on time and avoid making any appointments on your student's testing days.
- Remind your student to power down their cell phones, i-watches, and/or other wearable electronic devices in their book bag upon arrival to the classroom or leave them at home on test day.

Encourage your student to do his or her very best.

Please don't hesitate to contact me at 804-723-2040 with any questions or concerns.

Thank you for your support,  
 Shalone Morgan  
 Assistant Principal

## Music Opportunity at the Meadow

Do you have a special gift or talent that you would like to share? If you are in grades 3-5, this is your opportunity to share your talent. Some ideas include: singing, dancing, playing an instrument, gymnastics, reciting a poem, magic tricks, or whatever you would like to showcase.

Please follow these guidelines when making your video:

- \*Introduce yourself by stating your first name and grade level.
- \*Keep your video to under 2 minutes in length.
- \*Make sure your video is school-appropriate and does not contain inappropriate language or subject matter.
- \*Your attire (what you are wearing in the video) must follow school guidelines.

If your video follows the guidelines, it will be shown to your class, or it may be chosen to be played school-wide. We can't wait to see all of the amazing talent that LMES has to offer!

If you have any questions, please contact Mrs. Talley, music teacher at [ttalley@hcps.us](mailto:ttalley@hcps.us)

Upload your video using this link: [bit.ly/lmesperform](http://bit.ly/lmesperform)



## Venture Around Hanover—Hiking Trail Quest



### Let the hiking adventures begin!



We hope that you all had a great time on your adventures on the walking trails around Hanover. We have really enjoyed seeing your photos that you have sent in as well! For our last and final adventure, we would like you to explore around your own neighborhood or your backyard. Feel free to ride your bicycle, scooter, jog, walk, skip, anything that gets you moving! During your exploration you will need to take a few pictures, and send an email that includes your name and your teachers name to [laurelmeadowpta@gmail.com](mailto:laurelmeadowpta@gmail.com).

### Looking for some extra fun on your hiking adventure?

Check off these items as you explore

- \* Flying Bird \* Mailbox \* Big Leaf \* Flowers \* Flags \* Squirrel
- Fence \* House \* Next door neighbor \* Dog on a walk \* Crawling Bug



### A fun little game that you and your family can play during your hike!

ABCs - This is great for kids who are learning their alphabet. Starting with the letter "A," everyone has to find something along their adventure that begins with "A" before moving through the rest of the alphabet.



# Teacher Appreciation Week

May 3<sup>rd</sup> through May 7<sup>th</sup>

This year has been a whole new experience for our teachers. The PTA will be in the school all week spoiling the teachers, but we want to give the students a chance to show their appreciation as well.



**First:** Attached you will find a heart. Please have your student draw or write their favorite thing about their teacher. Return to school no later than Thursday April 29<sup>th</sup>. The PTA will line the halls with these hearts so that Monday morning they can walk to class surrounded by hearts of appreciation.

## ***Other ways for you and your child to show your appreciation are:***

- Have your child find out what their teachers favorite color is and wear that color on Friday to show appreciation for their teacher and all their hard work.
- Send in something fun for your teacher with LMES colors.
- Send in classrooms supplies.
- Have your child pick-out a sweat treat to take to school, “Thanks for being so sweat”.
- Donate a book to the library in their teacher’s name.
- Because they help our children grow, send in some spring flowers to brighten their classroom.
- Don’t underestimate the power of a handwritten thank you card!

# Food Allergy Awareness Week



This year **Food Allergy Awareness Week** is from **May 9- May 15<sup>th</sup>**.

Can you imagine what it would be like not to be able to eat one of your favorite foods? Or maybe you already know. Food allergies can be pretty scary, but once a year we celebrate Food Allergy Awareness Week, to raise awareness about Food Allergies to help keep our friends safe.

Did you know that 32 million people in the US have food allergies? And of that 32 million almost 6 million of them are children. Do you know anyone with food allergies? There is currently no cure, but scientists work every day to develop better treatments. Right now the most effective treatment is Epinephrine (ex. Epi Pen auto injector). The most common allergens are the "Top 8", can you name them all? Milk, Egg, Wheat, Soy, Tree nut, Peanut, Fish and Shellfish

Having food allergies can be very isolating and it's important to make everyone feel included. So this year I hope you consider celebrating and raising a little awareness in your own neighborhood.

How can you celebrate:

- Consider throwing a gathering (when it's safe again) where food isn't involved so that everyone can attend.
- Ask someone with food allergies how you can be a better friend.
- Support fundraisers for research.
- Consider PTA Events and Support Nights that aren't always food based.
- Consider celebrating Halloween with the Teal Pumpkin and handing out non-food snacks.

Packing your student a safe lunch so that they can sit with a friend at the allergy table (when it's safe again).

If you or someone you know has food allergies visit: <https://www.kidswithfoodallergies.org>

Visit <https://www.foodallergy.org> to find out more about living with food allergies.



# MAY 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4 PTA meeting 7-8pm	5	6	7 Interim Report Day	8
— <b>Teacher Appreciation Week</b> —						
9	10	11	12	13	14	15
— <b>F o o d A l l e r g y A w a r e n e s s W e e k</b> —						
16	17	18	19 <i>Chipotle Spirit Night 4-8pm</i>	20	21	22
23	24	25	26	27	28	29
30	31 Memorial Day Holiday					

Here is the link for our May meeting:

May PTA General Membership Meeting  
Tue, May 4, 2021 7:00 PM - 8:00 PM (EDT)

Please join my meeting from your computer, tablet or smartphone.

<https://global.gotomeeting.com/join/779092317>

You can also dial in using your phone.  
(For supported devices, tap a one-touch number below to join instantly.)

United States: +1 (224) 501-3412  
- One-touch: tel:+12245013412,,779092317#

Access Code: 779-092-317